

	thursday	friday	saturday
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*Yeasted Breads*

Wholemeal v	✓	✓	✓
White v	✓	✓	✓
Farmer v			
Half Half	✓		✓
Spelt v		✓	
Light Rye	✓		
currant loaf/buns			

*Quick Breads, containing baking powder or bic. of soda. contain dairy and sugar. can be*

Wheaten	only on order	only on order	only on order
Gluten free	only on order, limited	only on order, limited	only on order, limited

*sourdough breads containg wild yeasts from our sourdough starters*

Sourdough Rye v		✓	
Country v	✓	✓	✓
Seeded v		✓	✓
Sprouted Buckwheat and mixed grains with caraway v			limited to 2 per person

v = vegan